

## Step-by-step instructions for administrating Zivafert

Before you get started, watch the how-to video by scanning the QR code. If you're unclear about anything with these instructions or your personal dosage, please get in touch with the Numan team.

First, choose the injection site. The most common areas are the abdomen and thigh. The abdomen is often preferred because it has fewer nerve endings and blood vessels, making the injection less painful and more convenient.

Next, wash your hands thoroughly with warm, soapy water for at least 20 seconds, then dry them.

When your hands are clean and dry, double-check that all your equipment is in date and nothing looks damaged or out of the ordinary, such as discoloration or particles in any substance.

If everything looks good, you can prepare the vial.

STEP 1	•	Tak
Prepare		usi
the vial and ampoule	l •	Ne: wit
		Usi
		fro
		to
		:

Take the cap off the Zivafert vial and clean the top of the vial using an alcohol wipe. Then place it to one side.

Next, pick up the Torbac ampoule, and firmly hold it in one hand with the coloured dot on the ampoule's neck facing you.

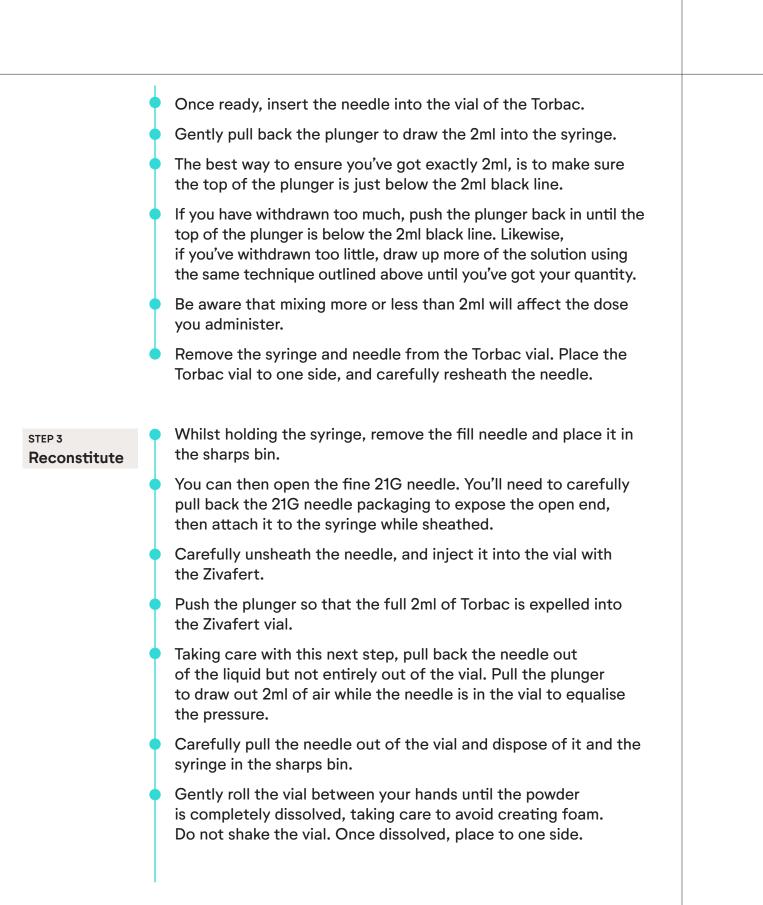
- Using the other hand, firmly and steadily bend the cap away from you until it snaps at the neck, then place the ampoule to one side. Dispose of the cap containing the broken vial top into the sharps bin.
- STEP 2 Drawing up the Torbac

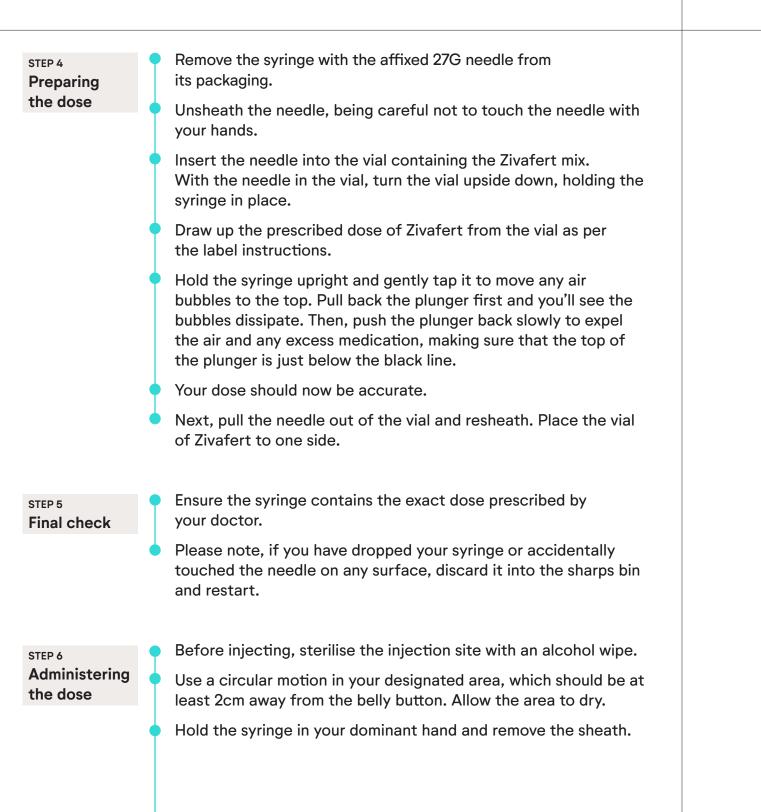
Start with the blunt needle and the syringe. Open the 2ml syringe, and take it out of its packaging, being careful not to touch the tip.

Without putting down the syringe, carefully pick up the blunt needle. You'll need to carefully pull back the blunt needle packaging to expose the open end.

Next, you can attach the 2ml syringe to the blunt needle.

Carefully remove the sheath, making sure not to touch the needle.





Pinch an area of fat with your other hand, and insert the needle all the way at a 45-degree angle. While you should be careful, it's important not to take it too slow as this can make it more uncomfortable.

- Push the plunger to inject the medication.
- Once done, remove the needle at the same angle and use cotton wool to dab the area.
- Use a plaster if you see a little blood and don't worry, that's completely normal.
- Dispose of the needle in the sharps bin. Throw the cotton wool away.
- Once everything is done, pack up the rest of the equipment and store it away in a place that's out of reach from children. It's important to store the remaining mixed vial of Zivafert in the fridge, so it's ready for your next dose. We recommend placing the Zivafert in a separate container so that it doesn't accidentally get mixed up with other things in the fridge.

AND THAT'S IT, YOU'RE DONE.

**HOW-TO VIDEO** 

